



Glimpse

...a peek at Canadian products & businesses



Home Current Coupons Contact About FAQ



WEDNESDAY, SEPTEMBER 28, 2011

Improve Your Sleep! ~ GIVEAWAY!



Sleep...something we ALL need! :) But when it comes time to finally lay down in bed, rest your tired head/neck on the pillow, pull up some cozy blankets and go to sleep, I sometimes find that, despite how tired I am, it still takes me a while to drift off into dreamland. So, is there something simple that could improve my quality of

sleep...and your quality of sleep?

We recently received a [Mediflow Waterbase Pillow](#). I have seen this type of pillow a few times before, but never really took a good look at it until now. Mediflow was founded about 15 years ago and since then has earned an amazing reputation for both its innovation and clinically proven results! The concept is rather simple...but it makes a world of difference when it comes to sleep. The bottom half of the pillow is a strong "pocket" that you fill up with water. The top side of the pillow, is a regular, soft, stuffed pillow. But together, these two parts of the pillow create something that is so comfortable and easy to rest your tired head/neck on.

In fact, [Mediflow pillows](#) have a several benefits that I'd love to highlight:

- ~ They are clinically proven to improve sleep quality
- ~ The pillows are hypoallergenic
- ~ They can help you fall asleep faster and have less middle-of-the-night wake ups.
- ~ The pillows can rejuvenate your skin and reverse the negative effects of fatigue and tiredness

How did it work for me? The pillow was easy to use, with simple instructions. It also gives

A deep cushion of hypoallergenic polyester fiber rests over the water layer for luxurious soft comfort.



SPONSORS



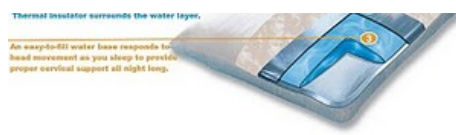
Current Giveaways!

- WIN A \$25 GC TO KIOKKO! 10/31
- WIN A SCENTSY WARMER & SCENT BAR! 10/29
- WIN A WYSI WIPES PRIZE PACK! 10/27
- WIN A KANGASAC LUNCH SYSTEM! 10/24
- WIN 1KG BAG OF SOAP NUTS! 10/20
- WIN A SMOKE&FIRE ALARM (3 WINNERS) 10/20
- WIN A SPLASH'N BOOTS DVD! 10/19
- WIN A HOCKEY STICK HAT! 10/18
- WIN A LIFE CHOICES PRIZE PACK! 10/18
- WIN A MATERNITY/NURSING TANK! 10/18
- WIN CUSTOM STICKERS FROM STICKER MULE! 10/15
- WIN A \$50 GC TO WELL.CA!! 10/14

Subscribe via Email

Submit

you the option of adding as much or as little water as you'd like into the back pocket of the pillow to suit your own needs. As for comfortability, it was great!



The pillow molds to fit *you*, which makes getting comfortable and falling asleep so much easier. As well, the Mediflow pillows are very durable - and come with a 3 year warranty. They are made to last, and the need to worry about your pillow leaking or breaking (with proper use) is not an issue. [Mediflow](#) is a trusted brand, and their Waterbased Pillows are a fabulous solution to helping us improve our quality (and quantity) of sleep!

WIN IT!

Mediflow is giving away one of their fabulous pillow to a Glimpse reader. Please follow the instructions on the form below to enter.

& amp; amp; amp; amp; lt; a href="http://rafl.es/enable-js"& amp; amp; amp; amp; gt; You need javascript enabled to see this giveaway& amp; amp; amp; amp; lt; /a& amp; amp; amp; amp; gt; .

**Disclosure: The product/s mentioned above have been given free of charge from the company or PR firm in exchange for being featured on Glimpse. The opinions expressed in this post are those of Glimpse and have not been influenced in any other way. Please see the full Terms of use.

Posted by Andrea at 4:09 PM

Share this :

Labels: Bedding, giveaway, mom stuff

53 comments:

Vanessa said...

I learned the pillow is hypoallergenic...I think this would be a great gift for hubby

September 28, 2011 4:12 PM

bison61 said...

Clinical sleep trials at Johns Hopkins School showed that the Mediflow pillow is preferred over other cervical pillows and that it improves the quality of sleep. Scientific studies have linked enhanced quality of sleep with improved quality of life.

tiramisu392 (at) yahoo.com

September 28, 2011 5:00 PM

Suzanne said...

I learned that it's Hypoallergenic which would be great for my husband, and also that it rejuvenates the skin.

September 28, 2011 6:24 PM

Deb said...

reverses the negative effects of fatigue - that sounds good to me! I always wake up more tired than when I went to bed. :(

tnshadylady at gmail.com

September 28, 2011 6:26 PM

My4boysand1 said...



Followers

Glimpse Mom Blogs
Spoken For
Announcing...
Biljardt Adventures!
How fast life goes!



Blog Archive

- ▼ 2011 (365)
 - October (28)
 - September (43)
 - August (33)
 - July (29)
 - June (35)
 - May (35)
 - April (43)
 - March (41)
 - February (43)
 - January (35)
- 2010 (436)
- 2009 (333)
- 2008 (78)

```
<em><a href="http://glimpse-reviews.blogspot.com" />
```



```
<em><a href="http://glimpse-reviews.blogspot.com" />
```