



CLOSED! MediFlow Waterbase Pillow Review And Giveaway!

by LEE on JULY 10, 2011 · 209 COMMENTS



One of my favorite parts of blogging is when I get to work with a company that I loved "pre blogging". This is why I started blogging after all, to share my favorite products with everyone! When, after 5 years, my [MediFlow Waterbase Pillow](#) began to wear out I was quick to write their rep and ask them if we might be able to work together. They were all for it so now I get to tell you about the most comfortable nights sleep.

[MediFlow Waterbase Pillow](#) is similar to a waterbed in that you actually fill it up with water. By doing so you allow your neck to be cradled in the perfect position which aids in both better sleep and less neck pain. It really helped me with snoring. I seriously snore so loud it wakes my kids who are upstairs. After a week with my MediFlow Pillow that snoring was significantly cut down.

It's the comfort level that I love so much. This pillow is so easy to customize to exactly your liking. I personally like mine about halfway full. My husband however likes his completely full so that the pillow is really firm. He is new to the MediFlow but agrees that it has helped him with basic morning aches and pains.

The pillow is hypoallergenic which comes in a Jumbo size with a 3 year warranty. You can use tap water to fill your [MediFlow Pillow](#) and that water can stay in the pillow for a year. However I completely forgot that you were supposed to change out the water and it didn't kill me. I have also washed my pillow more than once and it always dries wonderfully.

Right now one of my lucky readers will win a set of these life changing water pillows! Enter below!



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constructive
mom

CT
TOY
by construct
playthi



```
<a href="http://www.mysentimentexactlee.com" target="_blank"><img alt="MySentimentExactLee" />
```



To Enter (worth one mandatory entry):

Visit <http://www.mediflow.com> and tell me something you've learned about the pillow not mentioned above.

Extra Credit (worth one separate entry each you do):

1. Comment on any non giveaway post on this blog. Each comment is worth one entry and you can comment as many times as you'd like. Come back and tell me where you commented each time.
2. Like both [MySentimentExactLee](#) and [MediFlow](#). Come back and tell me who you are.
3. Follow [@theexactlee](#) and [MediFlow](#) on Twitter then Tweet "Win a set of @mediflow water based pillows from @theexactlee <http://tinyurl.com/5usuxpr>" You can do this once a day.
4. Follow me via RSS Feed or Email Subscription by clicking on the heart social icons on the upper right of this blog.

This contest is open to US residents ages 18+ only. Contest will run until Friday July 31st 2011 at Midnight EST. Winner has 48 hours to claim their prize.

Lee

*I received media sample. All opinions are my own.

40

Random numbers generated Aug 20 2011 at 22:45:21
Congrats FancygrInancy!

[+](#) Share / Save [f](#) [t](#) [g+](#)

Tagged as: [mediflow pillow](#), [water based pillow](#), [water pillow](#)

{ 209 comments... read them below or [add one](#) }

1

andrea v July 10, 2011 at 7:47 am

This state-of-the-art therapeutic pillow has been clinically tested, and it was proven to be the best neck support pillow to reduce neck pain.
this looks lke a great product, i've never seen it advertised.

REPLY

2

andrea v July 10, 2011 at 7:48 am

like both on facebook
andrea vickers

REPLY

3

andrea v July 10, 2011 at 7:49 am

email subscriber

REPLY

4

andrea v July 10, 2011 at 7:49 am

<http://twitter.com/#!/vickers2622/status/90024895240601600>

REPLY

5

TawndaM July 10, 2011 at 9:22 am



ohh... the Adjust-Air Portable Lumbar Cushion looks great, too!... now, where was I ☺
..... I got sucked in to all the testimonial by med. professionals... “”I’ve used the pillow. I do not have neck pain and I love the pillow. I slept much better. In fact, I have back pain and my back pain has been significantly improved by using the pillow.”
David Neumeyer, MD, Sleep specialist”
Hubby & I definitely need to try this!

REPLY

6

TawndaM July 10, 2011 at 9:24 am



Tawnda M Like both MySentimentExactLee and MediFlow.

REPLY

7

TawndaM July 10, 2011 at 9:29 am



<http://twitter.com/#!/tawndam/status/90049738631688192>

REPLY

8

TawndaM July 10, 2011 at 9:34 am



rss subscriber (I wonder if this would help my 'morning' headaches, too... *groan*)

REPLY

9

Louise Brouillette July 10, 2011 at 10:04 am

I learned that it's been tested to reduce back and neck pain.

louiseb130@aol.com

REPLY

10

Ashley H. July 10, 2011 at 10:33 am

i learned they sell a logicback support.

REPLY

11

Ashley H. July 10, 2011 at 10:34 am

I like you on fb.

REPLY

12

Rebecca Graham July 10, 2011 at 4:27 pm

I learned that the pillows come in different sizes.

REPLY

13

Linda Kish July 10, 2011 at 7:51 pm



The pillow is washable once you empty the water out (replace cap before washing) but air dry not in the dryer.

lkish77123 at gmail dot com

REPLY

14

Linda Kish July 10, 2011 at 7:52 pm



I am an email subscriber

lkish77123 at gmail dot com

REPLY

15

Allison Wilson July 10, 2011 at 9:29 pm

This pillow is the best pillow available for neck support!-

REPLY

16

Laura DeLuca July 10, 2011 at 11:11 pm



the Waterbase® pillow can be washed according to the instructions on the care label. You must first empty the water and air from the pillow before washing it. Make sure the cap is replaced before washing. Water temperature should not exceed 105 degrees. Let the pillow air dry. Do not put the pillow in the dryer.

REPLY

17

SANDY July 10, 2011 at 11:12 pm

comes in different sizes

REPLY

18

Laura DeLuca July 10, 2011 at 11:13 pm



<http://twitter.com/GabbyLowe/status/9025735011404032>

follow & tweetd

REPLY

19

Laura DeLuca July 10, 2011 at 11:14 pm



like both on FB-Laura DeLuca

REPLY

20

Laura DeLuca July 10, 2011 at 11:14 pm



email susbcriber

REPLY

21

Anne Loyd July 10, 2011 at 11:30 pm

I learned that this pillow can be customized to fit my needs.

REPLY

22

ellen July 10, 2011 at 11:31 pm



I learned that over 2 million people have used this pillow!

REPLY

23

Anne Loyd July 10, 2011 at 11:31 pm

I like you and Mediflow on FB as Anne Loyd.

REPLY

24

ellen July 10, 2011 at 11:31 pm



I am an email subscriber

REPLY

25

Anne Loyd July 10, 2011 at 11:31 pm

I subscribe to blog emails.

REPLY

26

ellen July 10, 2011 at 11:34 pm



I follow you both on twitter as @tannawings

<http://twitter.com/tannawings/status/90262728857493505>

7/10

REPLY

27

Debbie Welchert July 10, 2011 at 11:58 pm

More than 2 million people already trust their sleep to Mediflow bed sleep pillows. Also, in 1994 the Mediflow pillow was developed for the medical community and in 2006, it was marketed for the American public.

REPLY

28

Debbie Welchert July 11, 2011 at 12:00 am

I follow you and liked Mediflow on Facebook/Debbie Welchert

REPLY

29

Debbie Welchert July 11, 2011 at 12:04 am

I follow you and Mediflow on Twitter and tweeted giveaway.

<https://twitter.com/#!/flipper211/status/90269802895126528>

REPLY

30

Debbie Welchert July 11, 2011 at 12:05 am

I subscribe via email.

REPLY

31

ellen July 11, 2011 at 12:31 am



<http://twitter.com/tannawings/status/90276722922110976>
7/11

REPLY

32

Rosie July 11, 2011 at 12:35 am

Mediflow's Waterbase sleep pillow is a neck support bed pillow that helps relieve neck stiffness and allows for better sleep.

REPLY

33

Rochelle July 11, 2011 at 12:35 am

I learned that this pillow will help restore energy because of the better sleep one will have using it.

REPLY

34

Rosie July 11, 2011 at 12:36 am

Email Subscriber

REPLY

35

Rochelle July 11, 2011 at 12:37 am

Liked both MySentimentExactLee and MediFlow under Rochelle Martin

REPLY

36

Rochelle July 11, 2011 at 12:38 am

Following @theexactlee and MediFlow on Twitter then Tweeted
<http://twitter.com/#!/romapr09/status/90278832015290368>

REPLY

37

Rochelle July 11, 2011 at 12:39 am

Current email subscriber

REPLY

38

fancygrlnancy July 11, 2011 at 12:51 am

Mediflow® also makes a down filled Waterbase® pillow.

REPLY

39

fancygrlnancy July 11, 2011 at 12:54 am

Like both MySentimentExactLee and MediFlow.

Nancy P.

fancygrlnancy's last [type] ..[For the Boys Event Winners PlasmaCar & Zipbins](#)

REPLY

40

fancygrlnancy July 11, 2011 at 12:55 am

follow both and tweet

<http://twitter.com/fancygrlnancy/status/90283007776268288>

fancygrlnancy's last [type] ..[For the Boys Event Winners PlasmaCar & Zipbins](#)

REPLY

41

fancygrlnancy July 11, 2011 at 12:56 am

follow in email

fancygrlnancy's last [type] ..[For the Boys Event Winners PlasmaCar & Zipbins](#)

REPLY

42

Stephanie Phelps July 11, 2011 at 12:58 am



I learned that Since 1994, Mediflow® Inc. has had a great reputation within the health care community for developing the Waterbase® pillow

REPLY

43

Stephanie Phelps July 11, 2011 at 12:59 am



I Like both MySentimentExactLee and MediFlow. (Stephanie Phelps)

REPLY

44

Stephanie Phelps July 11, 2011 at 1:00 am



I subscribe to your posts through Email
my4boysand1@gmail.com

REPLY

45

Stephanie Phelps July 11, 2011 at 1:04 am



I commented on Cafe Tu Tu Tango Makes My Birthday A Hit! Happy Birthday!

REPLY

46

Stephanie Phelps July 11, 2011 at 1:08 am



I commented on the Independence Day Parfait Recipe With Pictures! Yummy can you tell there is a theme with what I read about? LOL ! I love to eat!

REPLY

47

Stephanie Phelps July 11, 2011 at 1:14 am



I commented on the Seasoned Mom's Kitchen! Dealing With Picky Eaters! Snake Bites Recipe! Yippers 6 foot huh! I bet mine will be that big when he is older he was 10lbs 6 oz when he was born and 24 inches long!

REPLY

48

Chrystal D July 11, 2011 at 4:39 am

I learned that I can find them not just online but in stores too!

REPLY

49

debbie July 11, 2011 at 6:14 am

I learned you can buy the pillow at amazon.

twoofakind12@yahoo.com

REPLY

50

debbie July 11, 2011 at 6:15 am

I am a email subscriber.

twoofakind12@yahoo.com

REPLY

51

andrea v July 11, 2011 at 6:57 am

<http://twitter.com/#!/vickers2622/status/90373990169837568>

REPLY

52

Bill July 11, 2011 at 10:47 am

a unique item to be sure

REPLY

53

Shan @ Last Shreds Of Sanity July 11, 2011 at 2:42 pm



I learned that good sleep will “freshen your appearance: Enhanced sleep rejuvenates the skin to ease wrinkles.” <--- BONUS!!

REPLY

54

TawndaM July 11, 2011 at 5:29 pm



<http://twitter.com/#!/tawndam/status/90533016899813376>

REPLY

55

Kristi Blackstone July 11, 2011 at 6:56 pm

I learned that the pillow freshens your appearance because enhanced sleep rejuvenates the skin to ease wrinkles.

REPLY

56

Kristi Blackstone July 11, 2011 at 6:57 pm

I like MySentimentExactLee and Mediflow on Facebook as Blissful Bee Blogging

REPLY

57

Kristi Blackstone July 11, 2011 at 6:59 pm

I follow you and Mediflow on Twitter @missblissfulbee and tweeted this giveaway

<http://twitter.com/#!/missblissfulbee/status/90555499610783744>

REPLY

58

Jolee July 12, 2011 at 12:36 am

wow, how have I never heard of these?!? They sound great. Nice review too. Learned from the site that they are easy to fill. Thanks!

REPLY

59

Jolee July 12, 2011 at 12:36 am

follow you on rss

REPLY

60

ellen July 12, 2011 at 12:57 am



<http://twitter.com/tannawings/status/90645874518138880>

7/12

REPLY

61

rachel July 12, 2011 at 7:08 am

I learned that Mediflow ranked #1 in a John Hopkins clinical study
rbindel81atgmaildotcom

REPLY

62

andrea v July 12, 2011 at 7:12 am

<http://twitter.com/#!/vickers2622/status/90740166716694528>

REPLY

63

TawndaM July 12, 2011 at 11:34 am



<http://twitter.com/#!/tawndam/status/90806086814285824>

REPLY

64

Christine July 12, 2011 at 9:43 pm

the pillow freshens your appearance because enhanced sleep rejuvenates the skin to ease wrinkles

REPLY

65

regina dushane July 13, 2011 at 1:11 am

i learned it has been in several test studies and the results were all positive

REPLY

66

regina dushane July 13, 2011 at 1:13 am

like both on fb regina vaughan dushane

REPLY

67

regina dushane July 13, 2011 at 1:13 am

following both and tweeted wonderwomanmoma

REPLY

68

regina dushane July 13, 2011 at 1:14 am

follow rss feed

REPLY

69

ellen July 13, 2011 at 1:49 am

<http://twitter.com/tannawings/status/91021279884345345>

tweety pie



REPLY

70

andrea v July 13, 2011 at 6:52 am

<http://twitter.com/#!/vickers2622/status/91097525364334592>

REPLY

71

andrea v July 13, 2011 at 1:36 pm

commented on bargain jill

REPLY

72

andrea v July 13, 2011 at 1:41 pm

commented on allstate review

REPLY

73

scottsgal July 13, 2011 at 1:56 pm

you can fill the pillow to your support level you like
msboatgal at aol.com

REPLY

74

scottsgal July 13, 2011 at 1:56 pm

like both on fb
cheryl s
msboatgal at aol.com

REPLY

75

scottsgal July 13, 2011 at 1:56 pm

subscribe to daily rss on reader
msboatgal at aol.com

REPLY

76

scottsgal July 13, 2011 at 1:57 pm

email subscriber
msboatgal at aol.com

REPLY

77

Tracy P July 13, 2011 at 4:20 pm

I learned that "by simply adding water, you can adjust the support level of this better

sleep pillow”

REPLY

78

Tracy P July 13, 2011 at 4:21 pm

I Like both MySentimentExactLee and MediFlow on Facebook
Tracy P

REPLY

79

Tracy P July 13, 2011 at 4:22 pm

I Follow @theexactlee and MediFlow on Twitter
@cloud10277

Tweeted:
<http://twitter.com/#!/cloud10277/status/91241007726858240>

REPLY

80

Tracy P July 13, 2011 at 4:23 pm

Email subscriber

REPLY

81

Sharon July 13, 2011 at 4:44 pm

I mearned mediflow also sells a back support cushion (Back Support For Back Pain – LogicBack Support) that is available at Amazon and Sears.

REPLY

82

Sharon July 13, 2011 at 4:45 pm

Like both MySentimentExactLee and MediFlow on FB (Rust Hawk).

REPLY

83

Sharon July 13, 2011 at 4:47 pm

I follow you both on twitter @rusthawk and tweeted
<http://twitter.com/rusthawk/status/91247377515683840>

REPLY

84

Sharon July 13, 2011 at 4:49 pm

I subscribed to your RSS feed.

REPLY

85

TawndaM July 13, 2011 at 5:33 pm

<http://twitter.com/#!/tawndam/status/91258648575229952>



REPLY

86

ellen July 14, 2011 at 1:06 am

<http://twitter.com/tannawings/status/91372898236899329>
7/14



REPLY

87

andrea v July 14, 2011 at 6:44 am

<http://twitter.com/#!/vickers2622/status/91457971485282304>

REPLY

88

Kim July 14, 2011 at 1:23 pm

I learned that the pillow can be washed but NOT put in the dryer. Thanks

REPLY

89

Kim July 14, 2011 at 1:24 pm

Like both sites on FB (Contest KAO). Thanks.

REPLY

90

TawndaM July 14, 2011 at 7:34 pm



<http://twitter.com/#!/tawndam/status/91651479399710720>

REPLY

91

Sharon July 14, 2011 at 9:39 pm

daily tweet <http://twitter.com/rusthawk/status/91683209477242880>

REPLY

92

ellen July 15, 2011 at 12:44 am



<http://twitter.com/tannawings/status/91729859990126592>
7/15 tweety

REPLY

93

andrea v July 15, 2011 at 6:47 am

<http://twitter.com/#!/vickers2622/status/91820973430550528>

REPLY

94

AB Smith July 15, 2011 at 3:44 pm



Mediflow® also makes a down filled Waterbase® pillow.

thanks for sponsoring this!

2kidsblogger (at) gmail (dot) com

REPLY

95

Sharon July 15, 2011 at 10:04 pm

daily tweet <http://twitter.com/rusthawk/status/92051894515675136>

REPLY

96

ellen July 16, 2011 at 12:29 am

<http://twitter.com/tannawings/status/92088434360983552>

7/16



REPLY

97

andrea v July 16, 2011 at 8:13 am

<http://twitter.com/#!/vickers2622/status/92205172129923072>

REPLY

98

andrea v July 16, 2011 at 8:14 am

commented on fried chicken review

REPLY

99

Susan C July 16, 2011 at 4:42 pm

I learned Mediflow Inc. provides a 3-year warranty covering manufacturing defects.
smchester at gmail dot com

Susan C's last [type] ..[It's National Nude Day!](#)

REPLY

100

Susan C July 16, 2011 at 4:47 pm

I like you and Mediflow on FB as Susan Chester
smchester at gmail dot com

Susan C's last [type] ..[It's National Nude Day!](#)

REPLY

101

Sharon July 16, 2011 at 6:16 pm

daily tweet <http://twitter.com/rusthawk/status/92356994933080064>

REPLY

102

polly July 17, 2011 at 12:50 am

enhanced sleep rejuvenates the skin to ease wrinkles.
pkeintz@gmail.com



REPLY

103

ellen July 17, 2011 at 12:52 am

<http://twitter.com/tannawings/status/92456452131799040>
7/17



REPLY

104

andrea v July 17, 2011 at 8:02 am

<http://twitter.com/#!/vickers2622/status/92564668975022080>

REPLY

105

Sharon July 17, 2011 at 2:08 pm

daily tweet <http://twitter.com/rusthawk/status/92656784904421376>

REPLY

106

Holly July 17, 2011 at 7:14 pm

I'd love to win this for my husband, he's a chronic snorer so I'm hoping this would help his head/neck position and cut down on the snoring!

REPLY

107

TawndaM July 17, 2011 at 7:57 pm



<http://twitter.com/#!/tawndam/status/92744533682552832>

REPLY

108

ellen July 18, 2011 at 12:31 am



<http://twitter.com/tannawings/status/92813745285373953>
7/18

REPLY

109

andrea v July 18, 2011 at 6:39 am

<http://twitter.com/#!/vickers2622/status/92906190522155009>

REPLY

110

TawndaM July 18, 2011 at 9:24 pm



<http://twitter.com/#!/tawndam/status/93128940205510656>

REPLY

111

amy deeter July 18, 2011 at 10:30 pm

tested to reduce back and neck pain
amy16323(at)gmail(dot)com

REPLY

112

Sharon July 18, 2011 at 10:56 pm

daily <http://twitter.com/rusthawk/status/93152087277441024>

REPLY

113

ellen July 19, 2011 at 12:38 am



<http://twitter.com/tannawings/status/93177728647434240>

7/19

it is 85 in the house- help!

REPLY

114

andrea v July 19, 2011 at 6:43 am

<http://twitter.com/#!/vickers2622/status/93269503894491136>

REPLY

115

Laura P. July 19, 2011 at 10:50 am

I discovered that the pillow is washable but it shouldn't be washed at anything over 105 degrees.

REPLY

116

Laura P. July 19, 2011 at 10:52 am

I'm an email subscriber.
bookloon at gmail dot com

REPLY

117

Tracy P July 19, 2011 at 4:30 pm

Tweet

<http://twitter.com/#!/cloud10277/status/93417014584033280>

REPLY

118

TawndaM July 19, 2011 at 8:16 pm



<http://twitter.com/#!/tawndam/status/93474238249435136>

REPLY

119

Sharon July 19, 2011 at 9:35 pm

daily <http://twitter.com/rusthawk/status/93494092763377664>

REPLY

120

ellen July 20, 2011 at 1:26 am



<http://twitter.com/tannawings/status/93552164248625153>

tweety

REPLY

121

andrea v July 20, 2011 at 6:46 am

<http://twitter.com/#!/vickers2622/status/93632428031217664>

REPLY

122

Angie B. July 20, 2011 at 6:47 am

Doctors found that Mediflow® Waterbase® sleep pillows ranked best overall in all aspects of quality of sleep tested, including how fast subjects fell asleep, how few times they woke up and overall quality of sleep.

Angie B.'s last [type] ..[HotPants Week 1 Results](#)

REPLY

123

Angie B. July 20, 2011 at 6:49 am

Follow and tweeted. <http://twitter.com/theladya/status/93633335842189313>

Angie B.'s last [type] ..[HotPants Week 1 Results](#)

REPLY

124

TawndaM July 20, 2011 at 10:58 pm



<http://twitter.com/#!/tawndam/status/93877436856532993>

REPLY

125

Sharon July 20, 2011 at 11:35 pm

<https://twitter.com/rusthawk/status/93886679923953665>

REPLY

126

ellen July 21, 2011 at 12:53 am



<http://twitter.com/tannawings/status/93906190442049536>

7/21
menopause and 90 degree weather do not go together- just saying 😊

REPLY

127

andrea v July 21, 2011 at 6:34 am

<http://twitter.com/#!/vickers2622/status/93992083437780992>

REPLY